

| Work Package: | Published:  |
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| WP1           | <p>Frances C Hillier-Brown, Helen J Moore, Amelia A Lake, Ashley J Adamson, Martin White, Jean Adams, Vera Araujo-Soares, Charles Abraham and Carolyn D Summerbell.</p> <p><a href="#">The effectiveness of interventions targeting specific out-of-home food outlets: protocol for a systematic review</a></p> <p><i>Systematic Reviews</i> 2014 3:17.</p>   |
| WP1           | <p>Hillier-Brown, F.C., Summerbell, C.D., Moore, H.J., Routen, A.C., Lake, A.A., Adams, J., White, M., Araujo-Soares, V., Abraham, C., Adamson, A.J. &amp; Brown, T.</p> <p>The impact of interventions to promote healthier ready-to-eat meals (to eat in, to take away, or to be delivered) sold by specific food outlets open to the general public: a systematic review.</p> <p><a href="http://onlinelibrary.wiley.com/doi/10.1111/obr.12479/full">http://onlinelibrary.wiley.com/doi/10.1111/obr.12479/full</a></p> <p><i>Obesity Reviews</i> published 29 Nov 2016</p>   |
| WP2           | <p>Frances C Hillier-Brown, Carolyn D Summerbell, Helen J Moore, Wendy L Wrieden, Jean Adams, Charles Abraham, Ashley Adamson, Vera Araujo-Soares, Martin White and Amelia A Lake.</p> <p>A description of interventions promoting healthier ready-to-eat meals (to eat in, to take away, or to be delivered) sold by specific food outlets in England: a systematic mapping and evidence synthesis.</p> <p><a href="http://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-016-3980-2">http://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-016-3980-2</a></p> <p><i>BMC Public Health</i> published 19 Jan 2017</p> |
| WP2           | <p>Jean Adams, Frances C. Hillier-Brown, Helen J. Moore, Amelia A. Lake, Vera Araujo-Soares, Martin White, Carolyn Summerbell.</p> <p><a href="#">Searching and synthesising 'grey literature' and 'grey information' in public health: reflections on three case studies</a></p> <p><i>Systematic Reviews</i> 2016 5:164 Published: 29 September 2016</p>  |
| WP3           | <p>Jean Adams, Louis Goffe, Tamara Brown, Amelia A Lake, Carolyn Summerbell, Martin White, Wendy Wrieden, Ashley A Adamson.</p> <p>Frequency and socio-demographic correlates of eating meals out and take-away meals at home: cross-sectional analysis of the UK National Diet and Nutrition Survey.</p> <p><a href="http://www.ijbnpa.org/content/12/1/51">http://www.ijbnpa.org/content/12/1/51</a></p> <p><i>International Journal of Behavioural Nutritional and Physical Activity</i> 2015 12:51</p>  |
| WP4           | <p>Louis Goffe, Linda Penn, Jean Adams, Vera Araujo-Soares, Carolyn D. Summerbell, Charles Abraham, Martin White, Ashley Adamson, Amelia A. Lake.</p> <p>The challenges of interventions to promote healthier food in independent takeaways in England: qualitative study of intervention deliverers' view.</p> <p><a href="https://link.springer.com/epdf/10.1186/s12889-018-5096-3?author_access_token=b3JjO1evEvQt5RajMTDG5mBpE1tBhCbnbw3BuzI2RPsLWF2">https://link.springer.com/epdf/10.1186/s12889-018-5096-3?author_access_token=b3JjO1evEvQt5RajMTDG5mBpE1tBhCbnbw3BuzI2RPsLWF2</a></p> <p><i>BMC Public Health</i> 2018 18:184</p>  |
| WP5           | <p>Louis Goffe, Wendy Wrieden, Linda Penn, Frances Hillier-Brown, Amelia A. Lake, Vera Araujo-Soares, Carolyn Summerbell, Martin White, Ashley J. Adamson, Jean Adams.</p> <p>Reducing the salt added to takeaway food: within-subjects' comparison of salt delivered by five and 17 holed salt shakers in controlled conditions.</p> <p><a href="http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0163093">http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0163093</a></p> <p><i>PLoS ONE</i> 11(9): published 26 September 2016.</p>   |

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| WP6 | <p>Goffe, L., Hillier-Brown, F., Doherty, A., Wrieden, W., Lake, A.A., Araujo-Soares, V., Summerbell, C., White, M., Adamson, A.J. and Adams, J.</p> <p>Comparison of sodium content of meals served by independent takeaways using standard versus reduced holed salt shakers: cross-sectional study.</p> <p><a href="https://ijbnpa.biomedcentral.com/articles/10.1186/s12966-016-0429-z">https://ijbnpa.biomedcentral.com/articles/10.1186/s12966-016-0429-z</a></p> <p><i>Journal of Behavioral Nutrition and Physical Activity</i>201613:102</p> <p><i>Published: 26 September 2016</i></p> |
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### **Oral presentations:**

Amelia Lake "Interventions in out-of-home food outlets in England"

Transforming the 'foodscape': development and feasibility testing of interventions to promote healthier take-away, pub or restaurant food. *Invited presentation at Local Government Association Conference in London, June 2014.*

Hillier-Brown, F.C., Moore, H.J., Summerbell, C.D., Wrieden, W.L., Abraham, C., Adams, J., Adamson, A.J., Araujo-Soares, V., White, M. & Lake, A.A. (2015) Transforming the 'foodscape': a systematic assessment of out of home food outlet (OHFO) interventions in England. *Oral presentation for the 14<sup>th</sup> Meeting of the International Society for Behavioral Nutrition and Physical Activity 3<sup>rd</sup> - 6<sup>th</sup> June 2015.*

Louis Goffe. "Takeaways are not the enemy": A qualitative study of intervention deliverers' experience with out-of-home food outlets. *Human Nutrition Research Centre seminar series, Newcastle University.*

Louis Goffe. "Takeaway engagement: Ways to bait the vendor". *North East Obesity Forum, Autumn meeting 2015.*

Louis Goffe "Assessing the feasibility of delivering and evaluating an intervention to improve portion control and increase small portion availability in traditional British fish and chip shops: a natural experiment." *HNRC Research Day 26 October 2016, Research Beehive, Newcastle University.*

### **Poster presentations:**

Hillier-Brown, F.C., Brown, T., Routen, A.C., Moore, H.J., Lake, A.A., Araujo-Soares, V., Adamson, A.J., White, M., Adams, J., Abraham, C., & Summerbell, C.D. (2014). A systematic review of the effectiveness of interventions targeting specific out-of-home food outlets. *Poster presentation for the NIHR SPHR Annual Scientific Meeting 21<sup>st</sup> October 2014.*

Goffe, L.A., Penn, L., Adamson, A.A., & Lake, A.A. (2014). "Takeaways are not the enemy": intervention deliverers' experience with takeaways. *Poster presentation for the NIHR SPHR Annual Scientific Meeting 21<sup>st</sup> October 2014.*

Hillier-Brown, Brown, Moore, Routen, Lake, Adamson, White, Summerbell. A systematic review of the effectiveness of intervention targeting specific out-of-home outlets (Foodscape study). Wolfson event WRIHW Research Colloquium April 15th 2015 Queens Campus, Durham University.

Frances Hillier-Brown, Helen J Moore, Carolyn D Summerbell, Jean Adams, Ashley Adamson, Martin White, Charles Abraham, Amelia A Lake. Transforming the 'Foodscape': A systematic assessment of out-of-home food outlet (OHFO) interventions in England. Wolfson event WRIHW Research Colloquium April 15th 2015 Queens Campus, Durham University.

Brown, T., Hillier-Brown, F.C., Moore, H.J., Routen, A.C., Lake, A.A., Adamson, A.J., White, M. & Summerbell, C.D. (2015) A systematic review of the effectiveness of interventions targeting specific out-of-home food outlets (Foodscape study). *Poster presentation for the 22<sup>nd</sup> European Congress on Obesity 6<sup>th</sup> - 9<sup>th</sup> May 2015.*

Brown, T., Hillier-Brown, F.C., Moore, H.J., Routen, A.C., Lake, A.A., Adamson, A.J., White, M. & Summerbell, C.D. (2015) A systematic review of the effectiveness of interventions targeting specific out-of-home food outlets (Foodscape study). *Poster presentation for the 14<sup>th</sup> Meeting of the International Society for Behavioral Nutrition and Physical Activity 3<sup>rd</sup> - 6<sup>th</sup> June 2015.*

Adams, J., Goffe, L., Brown, T., Lake, A.A., Summerbell, C.D., White, M., Wrieden, W.L. & Adamson, A.J. (2015) Frequency and socio-demographic correlates of eating meals out and takeaway meals at home: Cross-sectional analysis of the UK National Diet and Nutrition Survey, waves 1-4. *Poster presentation for*

*the 14<sup>th</sup> Meeting of the International Society for Behavioral Nutrition and Physical Activity 3<sup>rd</sup> - 6<sup>th</sup> June 2015.*

Goffe, L., Penn, L., Adams, J., Adamson, A.J., Araujo-Soares, V., White, M., Wrieden, W. & Lake, A.A. (2015) "Takeaways are not the enemy": A qualitative study of intervention deliverers' experience with out-of-home food outlets (transforming the Foodscape study). *Poster presentation for the 14<sup>th</sup> Meeting of the International Society for Behavioral Nutrition and Physical Activity 3<sup>rd</sup> - 6<sup>th</sup> June 2015.*

Hillier-Brown, F.C., Moore, H.J., Summerbell, C.D., Wrieden, W.L., Abraham, C., Adams, J., Adamson, A.J., Araujo-Soares, V., White, M. & Lake, A.A. (2015) Transforming the 'foodscape': a systematic assessment of out of home food outlet (OHFO) interventions in England. *Poster presentation for the Faculty of Public Health Annual Public Health Conference 23<sup>rd</sup> - 24<sup>th</sup> June 2015.*

Adams, J. et al. The efficacy and effectiveness of 5-holed salt shakers for reducing salt dispensed by fish and chip shops. *Poster presentation for the Society for Social Medicine 60th Annual Scientific Meeting, University of York, UK, 14 - 16 September 2016*

**Other:**

North East Obesity Forum autumn meeting October 2015 '[Is fast-food the fast track to obesity?](#)' [Goffe, L. "Takeaway engagement: Ways to bait the vendor"](#)

Fuse Quarterly Research Meeting 30 April 2015, *More than enough on our plates: tackling the takeaway food diet at source*  
<http://www.fuse.ac.uk/events/fusequarterlyresearchmeetings/morethanenoughonourplatestacklingthetakeawayfooddietatsource.html>

***We have ways of making you change.....***

Making population health interventions work, what can theoretical frameworks and practical commitments tell us?

Joint Fuse (Knowledge Exchange Seminar) and Institute for Health & Society seminar 13<sup>th</sup> January 2015  
Professor Charles Abraham, University of Exeter opens the meeting at 1:00pm, followed by Sue Bagwell, from the London Metropolitan University at 2:00pm

<http://www.fuse.ac.uk/events/fuseknowledgeexchangeseminars/previousseminars/jointfuseihssseminar13jan2015.html>