



C-WorKS: COVID-19 Consequences – Want it? or Know it? Share it!

C-WorKS: COVID-19 consequences

C-WorKS is a **community** that brings together people and organisations across the North East and Yorkshire to reduce the impact of **wider consequences of COVID**. As a network we **collaborate and share** knowledge, expertise and resources across health and wellbeing topic areas, including **health inequalities**.

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C-WorKS aims

The primary aim is to **bring together people and organisations** to enable more effective, equitable and efficient ways of working across the whole region. The focus is on **COVID consequences** beyond the direct impact of COVID, and prioritising **health inequalities** alongside other topics. Other aims are to:

- **Facilitate sharing of information** and reduce duplication of resources
- **Provide a curated resource** to share work and best practice on priority areas relating to COVID consequences
- **Highlight gaps and maximise the value** of system-wide work done across the region
- **Empower** members to add their own resources, post questions and proactively contact others working on similar issues
- **Facilitate system-wide responses** to often complex problems. These require equally complex and multifaceted solutions through multiple organisations working together
- **Be adaptable** to make sure the network best serves the needs of its community and proactively aligns with emerging systemwide priorities

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Want it?

C-WorKS provides a forum to make links with people, groups and organisations who may have the intelligence or expertise you need to answer your questions. You can post a question directly on [C-WorKS resources](#).

Know it?

For intelligence and analysis relating to COVID consequences, C-WorKS provides a forum for you to tell others about this. You can share your resource as a post on [C-WorKS resources](#), or via attending a C-WorKS event.

Share it!

By sharing your questions or resources via [C-WorKS](#) allows the network to identify common areas of work, intelligence needs, resources and insights. You can find out more about the types of topics and resources posted via the [C-WorKS curated platform](#), a monthly C-WorKS newsletter, monthly resources kits and blogs. C-WorKS Connects events facilitate live sharing of resources, case studies, best practice and opportunities to discuss and share expertise and knowledge.

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C-WorKS Connects online events

Introduction to the Beneficial Changes Network and a discussion focussing on collaborative opportunities for C-WorKS Tuesday **15 June** 13:00-13:45. C-WorKS is hosting this session by Dawn Chamberlain, Director of Clinical Improvement NHS England and NHS Improvement, along with members of her Clinical Improvement Team, to present the Beneficial Changes Network. For more details and to register visit [Eventbrite](#).

Wider impacts of Covid-19 and inequalities in screening programmes Tuesday **9 July** 13:00-13:45. Further details and registration link will be published on C-WorKS platform and via our newsletter

Inequalities in nutrition and obesity in children Tuesday **13 July** 13:00-13:50. Further details and registration link will be published on C-WorKS platform and via our newsletter

The event programme from September onwards will be available in July. Please also see other events publicised in [C-WorKS Resources: Events](#). If you would like to publicise your event on the platform and via our newsletter and need advice on how to do so, please contact LKISNorthEastandYorkshire@phe.gov.uk

Presentations and recordings will be made available via C-WorKS platform, including from our recent event on 11 May **What do we know about the wider impacts of COVID-19 in North East and Yorkshire?** via [C-WorKS Resources](#)

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Does anyone know of any data showing the impact of COVID on child and adolescent mental health and wellbeing? For example self-harm, self-esteem, referral rates, anxiety, social gradients, patterns etc?

Prof Peter Kelly (Regional Director, North East and Yorkshire region, Public Health England)

Rapid literature review on the impacts of COVID-19 on children and young people (undertaken Sept/Oct 2020)

Study on the impact of Covid-19 on young people aged 13-24 in the UK- preliminary findings by C19PRC. Mental ill-health at age 17 in the UK: Prevalence of and inequalities in psychological distress, self-harm and attempted suicide

North East and North Cumbria child Health and Well-being Network

State of the nation 2020: children and young people's wellbeing

Wider Impacts of COVID-19 on Health (WICH) monitoring tool Mental Health and Wellbeing – PHE

Resources related to child and adolescent mental health and wellbeing on C-WorKS

COVID-19: mental health and wellbeing surveillance report – Chapter 7 Children and Young People

Mental Health of Children and Young People in England, 2020: Wave 1 follow up to the 2017 survey - NHS Digital

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Who is C-WorKS?

C-WorKS membership now reaches across the NHS, local authorities, Health Education England (HEE), Public Health England (PHE), voluntary sector, librarians, research and academia, Fuse and the Applied Research Collaborations (ARCs) in the North East and Yorkshire. We have currently over 650 members in the region and over 230 resources uploaded on our platform.

How to join C-WorKS network?

You can join [C-WorKS](#) and access [C-WorKS resources](#) by registering with [Khub](#) if you haven't already.

Once your account has been created please navigate to the [PHINE Khub group](#) and simply 'request to join'. This is a restricted group for those working within a public health remit.

Once access has been granted please visit the [C-WorKS](#) or [C-WorKS resources](#) (tabs found across the top of the page).

You can also join via email to LKISNorthEastandYorkshire@phe.gov.uk



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